

# Post & Ante Natal Depression Support and Information Inc.

1989 –

**Other Names:** • PANDSI

**URL:** <https://sites.google.com/a/pandsi.org/under-construction/Home>

## Details

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The Post and Ante Natal Depression Support and Information Group (PANDSI) is an ACT-wide organisation that came into being in 1989. PANDSI aims to empower those affected by maternal depression through advocacy, support and education. The organisation provides ongoing telephone support, drop-in services and facilitated support groups.

The foundations of PANDSI were in a 'self-help' group established in the Australian Capital Territory in 1981. EXPAND Inc. was another group servicing the Northside of Canberra at that time. In 1989, the two groups amalgamated to service the whole of the ACT. As a result of the amalgamation, the organisation was renamed the Post & Ante Natal Depression Support and Information Inc. (PANDSI) in 2001.

## More info

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### Related Entries

#### Related Organisations

- [ACT Health Directorate \(1 July 2001 - current\)](#)

Date: 1 July 2012 -

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You can view this page online by visiting <https://www.findandconnect.gov.au/entity/post-ante-natal-depression-support-and-information-inc/>